

THE FRIENDLY ECHO



FRIENDSHIP FORCE OF WINNIPEG NEWSLETTER

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PRESIDENT'S REPORT - SEPTEMBER 2023 - James Ryan

Our first Club get-together of the Fall was held on Sunday, September 24, at the home of Larry & Lorraine F. prior to the La Salle Fall Supper. I want to express my deep appreciation to Susan M. for arranging this event as it was an outstanding way to kick off our Fall meetings. We had around 42 members in attendance despite the threatening skies. Although it was somewhat cool, the rain stayed away.

It was noted in the Minutes of the Western President's meeting that the FFI club fees for 2024 will increase to US \$30 (C\$42). A Motion, put forward by myself, to recommend that the membership fees for 2024 be increased to \$60 from the current fee of \$55 to maintain the stability of the Club, has been approved.

A reminder that the AGM will be held after dinner at the Holiday Inn South on November 8.

FFW BOOK CLUB REPORT - Nina Logan

We are starting our Zoom Book Club with 9 members and very good book recommendations. If you still wish to be included in the Book Club, email Nina and you will be sent the dates and the list. We meet via Zoom the last Thursday of the month, starting on October 26 at 7:00 pm. Thanks to Linda for setting up the Zoom. If you just want the list, Nina will send it to you. ninalogan@shaw.ca

FFW ON-LINE BRIDGE CLUB - Carol De Baets

FALL BRIDGE - Tuesdays at 1:00 pm

We are ready to go with schedules out this week! Our first game is Tuesday, October 10th! We have 9 teams (18 players) which translates into four tables with one team having a bye! We have four additional spares including a new member! Carol and Linda will invite their table to play via zoom and we are encouraging occasional bridge in person when feasible!

VICE-PRESIDENT'S REPORT - Nina Logan

Membership: 54 Regular members 5 Associate members Total 59

Hank R. who is definitely interested in joining FFW attended our Fall Supper on the 24th, as did Dawn K. a new member. Mary-Jean D., another new member, intended to be there, but had to cancel. Everyone had a wonderful time! Thanks Susan, Larry and Lorraine!

Elizabeth and I will be working together on ideas to grow our membership. At a recent event I attended, I put information about FFW on the tables and one lady seemed very interested. She took a pamphlet for herself and some friends. She has my email address and I hope she gets in touch with me. We have the \$200.00 US grant to use to develop ideas for boosting our membership. The good news is that compared to other clubs in Western Canada, we still seem to be thriving with good people stepping up to take executive positions.

At the Western President's meeting there was discussion re guidelines for members to attend conferences. Nina noted that we (FFW) have a comprehensive set of guidelines to assist us in managing this issue.

At a recent Retired Women Teachers lunch, Peggy and another FFM member were handing out business cards and information about their club. They had a list of about 6 ladies to call who were interested. Good strategy!

Jim, Maria and I intend to work together to create an evaluation sheet for our inbound visitors to complete.

We have made contact with our journey coordinator in Leicester. I will be working with Maria and Loretta to organize this trip in September 2024.

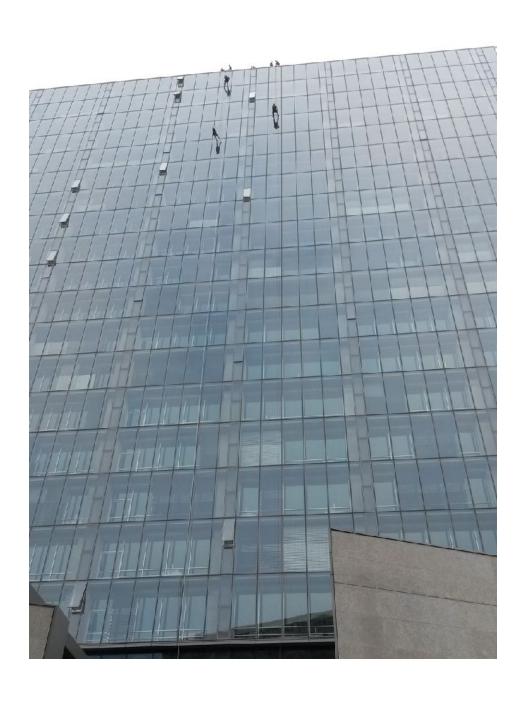
FFW WALKING CLUB - Linda Dart

In September the Walking Group has had two lovely walks in Assiniboine Park. It is always very nice to have a chat with members as we stroll around. The walks in October will be at 10 am on Tuesday, October 10th and Tuesday, October 24th. We have been meeting at the entrance to the English Garden and going for coffee afterwards at The Park Cafe. On October 24th Paul L. might host a walk in the St.Vital area. In November Susan M. has suggested a walk along Lyndale Drive followed by coffee at Le Croissant on Tache Ave. Please check your email on the day prior to the scheduled walk to find out the meeting point.

ACTIVITIES REPORT - Susan Munroe

IS IT A BIRD? IS IT A PLANE? ... NO, IT'S SUPERGRAN!

There is courage and daring among us! To celebrate her 90th Birthday, long time member and friend, Diane Judge decided to mark the event by signing up for the annual Drop Zone fund raising event for Manitoba Possible. On August 22 Diane rappelled down the 22 storey Manitoba Hydro Building, to the awe and cheers from family and friends. If you missed the opportunity to see Diane in action, fear not, she said she had so much fun she thinks she might drop in (or should that be off!) again next year. Well done, Diane.



On a much tamer note, it was great to see so many members at the garden gathering held at Lorraine and Larry Franz's prior to attending the annual fall supper at the neighbouring community centre in LaSalle. Forty-two members were present and enjoyed some time for fellowship followed by a delicious turkey dinner. In October we will resume our dinner meetings at the Holiday Inn South. We look forward to connecting again and catching up on member activities over the summer. Looking forward to seeing you all soon! Best regards - Susan M.

Note from Diane J. re The Drop Zone - thanks to all who contributed. I rappelled down with my grandson as a 'team'. This is an annual event so maybe next year we could make up an FFW team. We already have one interested member. Think about it.

HAPPY BIRTHDAY GREETINGS

SEPTEMBER

OCLI	negesi	SEI TEMBER
Margaret Birk	Lynne Foley	Fiona Crow
Maria Coutu	Hans Dutschke	Larry Franz
Martha Klimack		Charliene Havixbeck
Rick Klimack		Diane Kubas
Germana Stangherlin		Ed Sloane
Lavona Susinki		Thelma Sures
Mary-Jean Davis		

AUGUST

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YOUR FAVOURITE COLOUR

What does your favourite colour say about you?

Many psychologists have pondered this question and some have conducted extensive studies. Below are eight colours and a personality description for each. Is it accurate for you? Have fun with it. Try it out on your friends too.

ORANGE You get along well with others. You tend to be social and hate being alone.

YELLOW You look toward the future and have a yearning for the new and the modern. You have a cheerful spirit and are inclined to be intellectual, idealistic and highly imaginative.

GREEN You cherish stability, balance and persistence. You always finish what you start. You are inclined to be frank, moral, sensitive, affectionate and loyal.

BLACK You carry yourself with dignity and are inclined to conceal your real personality and emotions from others. You find it difficult to be carefree but in public you may put forth an image of wit and cleverness.

WHITE You expect to experience happiness. You seek perfection and desire enlightenment. You strive for all that is best, and you expect others to do the same.

RED You are impulsive, possibly athletic, sexy and quick to speak your mind, whether right or wrong. You feel that life is meant to be happy and exciting.

BLUE You have a basic need for a calm, harmonious, tension-free existence. You are capable, conservative and sensitive to others. You are a loyal, trustworthy friend. You enjoy life but may find it difficult to release your emotions/

VIOLET You are highly sensitive and observant, but may be quite temperamental. You are highly artistic and talented and enjoy being glamorous.



Our September meeting was held in this colourful setting.



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